

90-DAY GAMEPLAN

DESIGNED FOR: _____ DESIGNED BY: _____ DATE: _____

PAST 90 DAYS

I'm proud of...

Grid area for 'I'm proud of...' (22x12 dots)

I regret...

Grid area for 'I regret...' (22x12 dots)

PRESENT

I'm confident in...

Grid area for 'I'm confident in...' (22x12 dots)

I lack...

Grid area for 'I lack...' (22x12 dots)

FUTURE

I'm excited about...

Grid area for 'I'm excited about...' (22x12 dots)

I worry about...

Grid area for 'I worry about...' (22x12 dots)

Focus Five: What must happen in the next 90 days for you to feel more pride, confidence, and excitement?

Grid box 1 (22x12 dots)

Grid box 2 (22x12 dots)

Grid box 3 (22x12 dots)

Grid box 4 (22x12 dots)

Grid box 5 (22x12 dots)